

*I'm a Clinical Psychologist and Certified Executive Coach
steeped in the science of human potential. Let's dig deep to boost
understanding, elevate performance, and increase connection.*

*My dynamic approach is evidence-based and collaborative.
I'm direct, down-to-earth, and non-judgmental.*

*I distill perplexing questions into
digestible chunks of information.*

DR. RBF

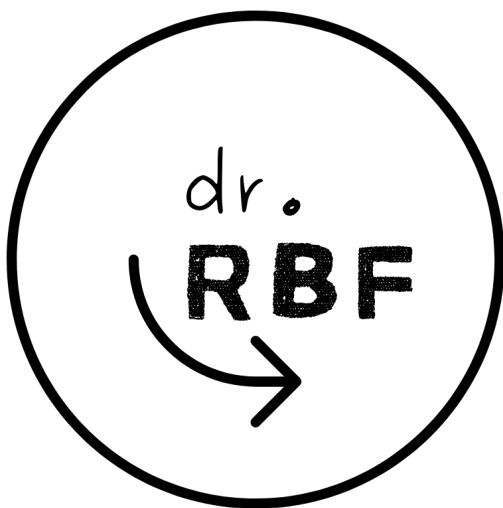


DISCUSSION TOPICS / IDEAS

- General Psychology / Wellness
- Optimal Performance
- Neurobiology
- Mindfulness / Yoga / Meditation
- Couples / Family / Parenting Concerns
- Food as Medicine

PREVIOUSLY FEATURED AT

- Canyon Ranch
- Tufts Medical School
- Psychodynamic Couples and Family
Institute of New England
- Boston Institute of Psychotherapy
- Boston College
- Harvard-Vanguard Medical Associates



CONTACT



Phone: +1 (202) 415 - 4236

rachel@drrbf.com

www.drrbf.com

32 Union Street

Newton Centre, MA 02459



@doctorrbf



facebook.com/drrbf